

Weight for Distance

Name	Max Distance	Rank
Ada Herbert	27.1175	3
Christine Roche	30.08	2
Patsy Shaffer	32.055	1
Stephanie Vincent	27.0425	4
Maya Winters	29.035	

Log Press

Name	1 st Attempt	2 nd Attempt	3 rd Attempt	Max Weight	Rank
Ada Herbert	115	130	-145	130	3
Christine Roche	125	135	-140	135	1
Patsy Shaffer	125	135	-145	135	1
Stephanie Vincent	115	125	-135	125	4
Maya Winters	110	120	135	135	

Power Stairs

Name	Reps	Rank
Ada Herbert	13	2
Christine Roche	8	4
Patsy Shaffer	9	3
Stephanie Vincent	14	1
Maya Winters	11	

Yoke Carry

Name	Time	Distance	Rank
Ada Herbert	18.01	100	1
Christine Roche	22.58	100	2
Patsy Shaffer	25.98	100	3
Stephanie Vincent	26.13	100	4
Maya Winters	18.7	100	

Loading Race

Name	Sandbag	Plates	Kettlebell	Chain	Finish	Rank	Final Rank
Ada Herbert	8.41	20.33	35.01	49.01	58.5	1	1
Christine Roche	22.86	37.4	56.94	89.7	150	4	3
Patsy Shaffer	14.13	27.84	46.89	79.91	82.3	3	2
Stephanie Vincent	15.5	28.79	44.76	62.91	74.2	2	4
Maya Winters	7.51	19.08	35.03	48.65	58.3		