

Weight for Distance

Name	Max Distance	Rank
Susan Clayton	19.6	16
Janine Conway	20.3	12
Em Drager	27.9	2
Sasha Forbes	23.1	7
Michelle Goetz	22.9	9
Amy Kleine	18.85	18
Jennifer Killius	23.1	7
Kerry King-Rahn	24.3	6
Harper Kubicek	20.225	13
Mariza Matel	19.11	17
Julia McCabe	18.105	19
Jill O'Connell	21.55	11
Tracy Pafel	30	1
Laurie Pagano	20.2	14
Michele Palopoli	22.05	10
Karla Peddicord	25.025	4
Beth Piatone	20.1025	15
Stephanie R.	12.11	21
Lori Rypka	27.3	3
Kat Strauss	24.7	5

Weight for Distance

Hollie White	17.525	20
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Log Press

Name	1 st Attempt	2 nd Attempt	3 rd Attempt	Max Weight	Rank
Susan Clayton	-70	70	0	70	19
Janine Conway	75	85	-95	85	10
Em Drager	80	90	100	100	3
Sasha Forbes	75	85	-95	85	10
Michelle Goetz	85	95	100	100	3
Amy Kleine	70	-75	-75	70	19
Jennifer Killius	105	120	-140	120	2
Kerry King-Rahn	80	85	-95	85	10
Harper Kubicek	85	95	-100	95	7
Mariza Matel	75	-85	-85	75	17
Julia McCabe	75	90	100	100	3
Jill O'Connell	75	85	95	95	7
Tracy Pafel	125	130	140	140	1
Laurie Pagano	85	95	100	100	3
Michele Palopoli	75	80	-90	80	15
Karla Peddicord	75	85	95	95	7
Beth Piatone	85	-95	-105	85	10
Stephanie R.	-70	-70	-70	-70	21
Lori Rypka	70	75	80	80	15
Kat Strauss	75	85	-90	85	10

Log Press

Hollie White	70	75	-80	75	17
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Power Stairs

Name	Reps	Rank
Susan Clayton	10	19
Janine Conway	14	11
Em Drager	17	5
Sasha Forbes	13	12
Michelle Goetz	19	1
Amy Kleine	11	16
Jennifer Killius	16	6
Kerry King-Rahn	18	2
Harper Kubicek	13	12
Mariza Matel	15	8
Julia McCabe	11	16
Jill O'Connell	15	8
Tracy Pafel	18	2
Laurie Pagano	12	14
Michele Palopoli	11	16
Karla Peddicord	9	20
Beth Piatone	15	8
Stephanie R.	7	21
Lori Rypka	16	6
Kat Strauss	18	2

Power Stairs

Hollie White	12	14
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Yoke Carry

Name	Time	Distance	Rank
Susan Clayton	18.48	100	5
Janine Conway	22.96	100	17
Em Drager	21.2	100	14
Sasha Forbes	19.66	100	10
Michelle Goetz	19.58	100	9
Amy Kleine	25.3	100	19
Jennifer Killius	19.28	100	8
Kerry King-Rahn	15.71	100	1
Harper Kubicek	17.45	100	3
Mariza Matel	16.28	100	2
Julia McCabe	19.11	100	7
Jill O'Connell	22.83	100	16
Tracy Pafel	18.66	100	6
Laurie Pagano	20.35	100	13
Michele Palopoli	20.3	100	11
Karla Peddicord	30.46	100	20
Beth Piatone	21.4	100	15
Stephanie R.	37.98	100	21
Lori Rypka	18.21	100	4
Kat Strauss	20.31	100	12

Yoke Carry

Hollie White	23.31	100	18
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Loading Race

Name	Sandbag	Plates	Kettlebell	Chain	Finish	Rank	Final Rank
Susan Clayton	6.43	20.08	34.71	57.53	66.56	16	18
Janine Conway	5.71	18.83	32.94	50.36	60	10	15
Em Drager	5.86	16.1	28.64	45.01	53.18	4	4
Sasha Forbes	6.38	16.68	29.46	45.96	55.23	6	9
Michelle Goetz	10.13	26.98	39.61	56.93	67.19	17	6
Amy Kleine	8.66	24.26	40.53	61.19	73.01	19	20
Jennifer Killius	5.36	14.06	25.09	38.51	46	1	3
Kerry King-Rahn	6.18	17.26	28.42	42.1	50.6	2	2
Harper Kubicek	9.55	20.55	31.73	47.51	59.08	9	8
Mariza Matel	6.85	18.53	30.35	45.93	54.03	5	10
Julia McCabe	7.58	20.31	33.28	50.76	63.09	14	13
Jill O'Connell	8.83	23.71	37.73	56.76	66.02	15	12
Tracy Pafel	5.56	17.11	27.07	42.73	51.5	3	1
Laurie Pagano	6.35	18.76	31.99	51.98	62.38	12	11
Michele Palopoli	6.34	18.53	30.81	46.03	56.02	8	15
Karla Peddicord	7.88	22.46	36.13	55.93	68.79	18	17
Beth Piatone	6.58	20.04	33.11	51.54	60.31	11	13
Stephanie R.	8.5	26.23	43.18	200	300	21	21
Lori Rypka	5.88	18.28	29.88	45.04	63.05	13	7
Kat Strauss	6.6	19.05	31.16	47.56	55.71	7	5
Hollie White	9.93	23.93	39.48	76.08	85.72	20	19