

Weight for Distance

Name	Max Distance	Rank
Kelly Adams	15.2	15
Lynn Anderson	24.1	8
Mona Becker	22.075	10
Paula Butler	26.425	4
Alicia Eby	18	14
Brandi Eberly	20.5	13
Katie Feeley	27.75	2
Brenda Frazier	25.4	6
Jennifer Hake	21.05	12
Keri Halderman	21.7	11
Shannon Palmer	23.45	9
Diane Pino	26.7	3
Tia Rodwell	26.35	5
Melissa Supik	28.575	1
Tiffany Berry	24.5	7

Log Press

Name	1 st Attempt	2 nd Attempt	3 rd Attempt	Max Weight	Rank
Kelly Adams	85	-100	-100	85	12
Lynn Anderson	95	100	-110	100	7
Mona Becker	0	0	0	0	14
Paula Butler	110	120	-125	120	2
Alicia Eby	85	90	95	95	9
Brandi Eberly	85	90	0	90	11
Katie Feeley	105	120	-135	120	2
Brenda Frazier	90	95	100	100	7
Jennifer Hake	-85	85	0	85	12
Keri Halderman	85	95	105	105	6
Shannon Palmer	-90	-90	-90	-90	15
Diane Pino	125	130	-140	130	1
Tia Rodwell	90	100	110	110	5
Melissa Supik	-95	-95	95	95	9
Tiffany Berry	110	-115	115	115	4

Power Stairs

Name	Reps	Rank
Kelly Adams	14	5
Lynn Anderson	11	11
Mona Becker	16	4
Paula Butler	17	1
Alicia Eby	9	15
Brandi Eberly	10	14
Katie Feeley	17	1
Brenda Frazier	14	5
Jennifer Hake	11	11
Keri Halderman	17	1
Shannon Palmer	12	9
Diane Pino	14	5
Tia Rodwell	12	9
Melissa Supik	13	8
Tiffany Berry	11	11

Yoke Carry

Name	Time	Distance	Rank
Kelly Adams	21.01	100	4
Lynn Anderson	29.06	100	11
Mona Becker	60	81.1	13
Paula Butler	21.63	100	5
Alicia Eby	27.95	100	9
Brandi Eberly	35.58	100	12
Katie Feeley	20.38	100	3
Brenda Frazier	28.93	100	10
Jennifer Hake	60	65	14
Keri Halderman	22.16	100	7
Shannon Palmer	23	100	8
Diane Pino	21.8	100	6
Tia Rodwell	19.45	100	1
Melissa Supik	0	0	15
Tiffany Berry	20.11	100	2

Loading Race

Name	Sandbag	Plates	Kettlebell	Chain	Finish	Final Rank
Kelly Adams	7.91	22.14	38.61	56.34	67.89	9
Lynn Anderson	8.41	24.43	40.01	60.28	72.1	11
Mona Becker	7.76	22.16	36.54	59.13	70.48	12
Paula Butler	5.96	17.91	30.16	46.86	57.4	1
Alicia Eby	10.41	30.49	45.76	62.26	74	13
Brandi Eberly	10.11	26.25	41.31	62.55	76.81	14
Katie Feeley	10.44	22.84	34.76	66.55	70.58	2
Brenda Frazier	9.06	22.83	36.29	53.6	66	7
Jennifer Hake	9.13	28.59	48.15	65	84.28	14
Keri Halderman	7.41	20.89	32.11	47.2	56.56	6
Shannon Palmer	7.94	19.91	32.43	48.08	60.06	10
Diane Pino	7.41	23.86	35.96	54.26	63.39	3
Tia Rodwell	7.68	20.23	32	49.03	59.2	4
Melissa Supik	6.98	21.26	33.06	50.13	59.78	8
Tiffany Berry	5.75	17.93	29.58	43.33	52.8	5